

# TUNKWA DAI ICHI



## 28 COUNT

### OPENING

1. LEFT SLIDING UPPER BLOCK
2. RIGHT PUNCH COMBO
3. LEFT PUNCH COMBO
4. RIGHT PUNCH COMBO
5. DOUBLE PUNCH
6. TURN LEFT 90 DEG SLIDING UPPER BLOCK
7. RIGHT PUNCH COMBO
8. LEFT PUNCH COMBO
9. RIGHT PUNCH COMBO
10. DOUBLE PUNCH
11. TURN LEFT 180 DEG SLIDING UPPER BLOCK
12. RIGHT PUNCH COMBO
13. LEFT PUNCH COMBO
14. RIGHT PUNCH COMBO
15. DOUBLE PUNCH
16. UPPER AND LOWER BLOCK LEFT LEANING STANCE
17. UPPER AND LOWER BLOCK RIGHT LEANING STANCE
18. 360 DEG TURN INTO LEFT UPPER BLOCK
19. REVERSE PUNCH, KIAI!
20. LEFT PUNCH COMBO
21. RIGHT PUNCH COMBO
22. DOUBLE PUNCH
23. UPPER AND LOWER BLOCK RIGHT LEANING STANCE
24. UPPER AND LOWER BLOCK LEFT LEANING STANCE
25. 360 DEG HOP INTO RIGHT UPPER BLOCK, RIGHT CRANE STANCE
26. HOP INTO LEFT CRANE STANCE, LEFT UPPER BLOCK
27. DOUBLE OPUNCH
28. RIGHT UPPER CUT, KIAI CLOSING

## RHYTHM COUNT - 22 COUNTS

### OPENING

- |     |  |                  |
|-----|--|------------------|
| 1.  | LEFT SLIDING UPPER BLOCK                               |                  |
|     | RIGHT PUNCH  | <b>ICHI-NI</b>   |
| 2.  | COMBO  | <b>ICHI</b>      |
| 3.  | LEFT PUNCH COMBO                                       | <b>ICHI</b>      |
| 4.  | RIGHT PUNCH COMBO                                      | <b>ICHI</b>      |
| 5.  | DOUBLE PUNCH   | <b>ICHI-NI</b>   |
| 6.  | TURN LEFT 90 DEG SLIDING UPPER BLOCK                   |                  |
|     | RIGHT PUNCH  | <b>ICHI-NI</b>   |
| 7.  | COMBO  | <b>ICHI</b>      |
| 8.  | LEFT PUNCH COMBO                                       | <b>ICHI</b>      |
| 9.  | RIGHT PUNCH COMBO                                      | <b>ICHI</b>      |
| 10. | DOUBLE PUNCH   | <b>ICHI-NI</b>   |
| 11. | TURN LEFT 180 DEG SLIDING UPPER BLOCK                  |                  |
|     | RIGHT PUNCH  | <b>ICHI-NI</b>   |
| 12. | COMBO  | <b>ICHI</b>      |
| 13. | LEFT PUNCH COMBO                                       | <b>ICHI</b>      |
| 14. | RIGHT PUNCH COMBO                                      | <b>ICHI</b>      |
| 15. | DOUBLE PUNCH   | <b>ICHI-NI</b>   |
| 16. | UPPER AND LOWER BLOCK LEFT LEANING STANCE              |                  |
|     | UPPER AND LOWER BLOCK RIGHT LEANING STANCE             | <b>ICHI-NI</b>   |
| 17. | 360 DEG TURN INTO LEFT UPPER BLOCK                     |                  |
|     | REVERSE PUNCH,   | <b>ICHI -EI!</b> |
| 18. | LEFT PUNCH COMBO                                       | <b>ICHI</b>      |
| 19. | RIGHT PUNCH COMBO                                      | <b>ICHI</b>      |
| 20. | DOUBLE PUNCH   | <b>ICHI-NI</b>   |
| 21. | UPPER AND LOWER BLOCK RIGHT LEANING STANCE             |                  |
|     | UPPER AND LOWER BLOCK LEFT LEANING STANCE              | <b>ICHI-NI</b>   |
| 22. | 360 DEG HOP INTO RIGHT UPPER BLOCK, RIGHT CRANE STANCE |                  |
|     | HOP INTO LEFT CRANE STANCE, LEFT UPPER BLOCK           |                  |
|     | DOUBLE OPUNCH  |                  |
|     | RIGHT UPPER CUT,                                       | <b>ICHI -EI!</b> |
|     | CLOSING  |                  |