

Full Name:

TEACHER TRAINING

My Face Says It All

“If My Mouth Doesn't Say It My Face Definitely Will.”












Teachers can make effective use of facial expressions to get the point across, to be interesting, to be fun and to gain rapport.

The human face is extremely expressive, able to convey countless emotions without saying a word.

What expressions or emotions have you noticed on the face of karate teachers?

Draw a line from the emotion across to the expression.

EMOTION	EXPRESSION				
Angry					
Enthusiastic					
Calm					
Wow!					
Neutral					
Happy/Friendly					
Curious/Confused					
Encouraging/Approving					

Practice making the different expressions with your face.

Practice saying each of the following with different expressions on your face:

- ★ Good job
- ★ Well done
- ★ Great work
- ★ That's good
- ★ Nice going

- ★ 1,2 You Rock
- ★ Give yourself a Round of Applause
- ★ I like it, I love it, I want more of it!
- ★ Give yourself 3 Claps
- ★ Give yourself a Pat on the Back

