

Full Name:

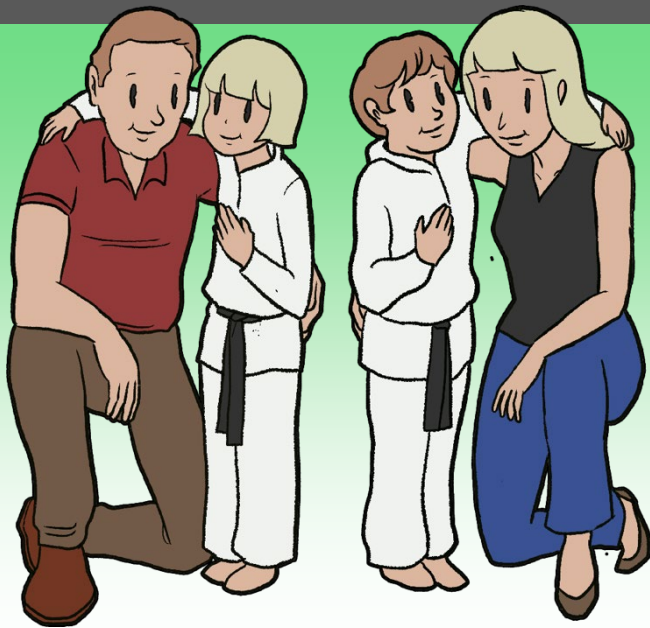
WEEK 4

Kindness and Respect

Respect your Parents



Your parents love you, keep you safe and give you opportunities in life!



Imagine if you were a Mum or a Dad.
How would you want your child to respect you?

To earn your Red Success Stripe

Practice being extra polite to your parents. Every time you talk to your parents, look at them and respectfully say these things, "Yes, Mum" or "Yes, Dad." "Thank you," and "I love you." These are powerful messages that can bring happiness to you and your parents.

PARENT/CARER FEEDBACK - Give an example of your child being respectful this week:



KINDNESS and RESPECT

WK 4

Parents: Bring the completed sheet back in so we have a record your child's progress.

- WEEK 4 -

HOCUS POCUS

When I say, "Hocus Pocus!", You say, "Ready to Focus!" "Hocus Pocus!" "Ready to focus!" Repeat three times, moving energetically around the class.

CRISS CROSS

"Criss Cross!" - Students reply, "Karate Sox!" and sit down with their legs crossed. They are now ready to listen!

When I say legs, you say crossed! Legs! Crossed!

When I say back, you say straight! Back! Straight!

When I say hands, you say on the knees! Hands! On the knees!

When we bow, what does that mean? **Kindness and Respect.**

What does respect mean? **Value yourself and value each other.**

How do we VALUE each other? **We treat others the way we would like to be treated if we were them.**

RESPECT YOUR PARENTS

Who do you respect first? **Yourself.**

Who do you respect second? **Your parents.**

Why do you respect your parents? **Because they love you, care for you, keep you safe and give you opportunities in life (and they pay for the internet 😊)**

What are some things you can do to show respect to your parents?

- **Be polite! Look at your parents and say "Yes, Mum," or "Yes, Dad"**
- **Do what they ask you to do the first time.**
- **Say "Thank you" and "I love you" to your parents.**

TO EARN YOUR RED SUCCESS STRIPE:

Every day you are going to practice being polite and respectful to your parents. Then respectfully ask them to write a short note to let us know how you did.

AWARD RED STRIPES - Give yourself 3 Claps! - WARMUP!

