

Full Name:

TEACHER TRAINING



PREP ZONE

“15 Minutes Early = On Time”

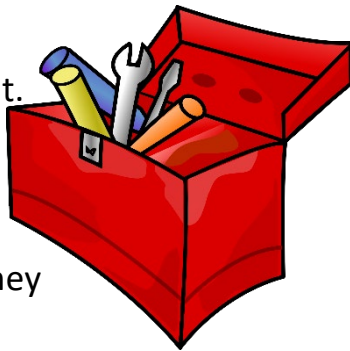
PREP ZONE is where we communicate and engage with students in the 5-15 minutes before class. **The goal** of the Prep Zone is to direct students into productive activities, and to facilitate a welcoming, but disciplined and respectful environment.

3 BENEFITS OF PREP ZONE

1. Provides structure and prevents chaos before classes.
2. Enables teachers to engage with the students and show that they care.
3. Helps teachers be more punctual and organised.

THE PREP ZONE TOOLBOX

- Mix with students on mat.
- Ask students about their day.
- Help students practice.
- Ask an adult student if they want help with something.



- Play the circle "name game." Children say their name and see how many they can remember.
- Talk about any events coming up.
- Review school rules and procedures.
- Positively pre-frame students for class (and reframe if needed!)

PREP ZONE HOMEWORK QUIZ

1. What is the Prep Zone?

- A time for you to prepare by relaxing before class.
- The time for teachers to talk to each other.
- A time to engage with the students.

2. What type of environment is the Prep Zone?

- A disciplined and respectful environment.
- An environment with the students all pumped up.
- A stern, strict environment.

3. What do YOU get out of Prep Zone as a teacher?

- The chance to clear your mind and focus.
- Nothing – it's not a very satisfying time.
- The chance to help students and build rapport.

4. Why is Prep Zone important?

- The students get directed into productive activities and feel welcomed.
- The students get to release all the pent-up energy from the day.
- It stops teachers from getting bored before class.

5. When is the Prep Zone?

- The first 10 minutes of the class.
- 15 minutes after the class ends.
- Whatever is necessary, 5-15 minutes before class.